1 in 5 US kids struggle with a mental health or learning disorder.

It can put them at risk for academic difficulties or dropping out, risky behavior, and conflict with their families.

Our mental health and learning study can help.

Participating families receive the following at no-cost:

▶ Comprehensive, study-related diagnostic evaluation including academic, social-emotional, and attention and reasoning skills assessments
▶ Feedback report detailing results that can be used to inform treatment and classroom instruction (IEP/504 plan), as well as College Board accommodations
▶ Consultation with a licensed clinician to discuss results and recommendations
▶ Treatment recommendations and local referrals (if appropriate)
▶ Up to $150 compensation for your time

Contact us

347.694.HELP (347.694.4357)
healthybrainnetwork.org
hbn@childmind.org

This research is approved by the Advarra Institutional Review Board, ID number: Pro00012309
Who are we and what do we do?
The Healthy Brain Network is a community-based research initiative of the Child Mind Institute, an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. We provide evaluations to children and families at no cost, and are collecting the information needed to find brain and body characteristics that are associated with mental health and learning disorders.

Who can participate?
Children ages 5-21 in and around the New York City area. Healthy children, in addition to those with disorders, are encouraged to participate.

What will my family receive for participating?
If your family decides to participate in the study, you will receive:
• A study-related comprehensive diagnostic evaluation, including intelligence, academic, social emotional, and attention and reasoning skills assessments
• A consultation with a licensed clinician to discuss results
• Treatment recommendations and local referrals (if appropriate)
• A feedback report detailing results that can be used to inform treatment and classroom instruction (504 plan/IEP), as well as College Board accommodations
• Up to $150 compensation for your time

Is this evaluation a comprehensive neuropsychological (neuropsych) evaluation?
Like neuropsychological testing, this evaluation provides valuable information on your child’s thinking and learning skills. However, it does differ from a typical pediatric neuropsychological evaluation. Visit healthybrainnetwork.org/neuropsych to see how.

How much does it cost to participate?
There is no cost to your family to participate in this research program. Your family does not need to have insurance. The study is paid for by private donors and foundations who want to help discover a better understanding of the developing brain that may lead to improved diagnosis and treatment of mental health and learning disorders.

What is the time commitment for the study?
Although each individual is different, we expect that the evaluation process will take approximately 12 hours to complete, scheduled over 4 visits, a Skype interview and an at-home blood draw. Morning, afternoon and weekend times are available.
What is involved for my child?
Participants or their parents complete a screening questionnaire to determine eligibility. If your child is eligible, an appointment is scheduled for the participant to:
• Take an IQ and achievement test about his or her learning profile
• Take a computerized cognitive test
• Complete questionnaires and interviews about thoughts and behaviors
• Have an EEG
• Have an MRI scan
• Give a blood sample
• Take a brief fitness test

What is involved for the parents?
Parents are active participants in the evaluation process via questionnaires and interviews throughout the duration of the study. Before your first appointment, you will be asked to provide informed consent via an online video process. You also will complete questionnaires about your family’s and child’s health history, provide information about your child’s behaviors, and complete a diagnostic interview with a clinician.

What’s it like to participate?
A good way to see what it’s like to participate is to read or hear the stories of other families who have participated.
View participant stories at healthybrainnetwork.org/stories

Where does the study take place?
Along with his or her legal guardian, each participant makes 3 visits to an evaluation center located in New York City, 1 visit to an MRI center, and schedules an at-home blood draw.
Visit healthybrainnetwork.org/locations for a complete list of centers.

Is the information you collect about my child confidential?
All personal health information, including all test results, will be kept completely confidential and stored securely. All information collected during the study will be separated from participants’ identifying information such as name, birth date and address. Data that are shared with research scientists are anonymous and will have none of your child’s identifying information included.

How do I sign my child up to participate?
For more information please visit us online at healthybrainnetwork.org or contact our Coordination Center at hbn@childmind.org or 347.694.HELP (347.694.4357).

About the Child Mind Institute
The Child Mind Institute is an independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders. Our teams work every day to deliver the highest standards of care, advance the science of the developing brain, and empower parents, professionals and policymakers to support children when and where they need it most. Together with our supporters, we’re helping children reach their full potential in school and in life. We share all of our resources freely and do not accept any funding from the pharmaceutical industry. Learn more at childmind.org.