

[NY Foundling's services focused on Health & Behavioral Health](#)

| Program | Delivers/Aim | Targets | Boroughs Where Available | | | | |
|--|--|---|--------------------------|----|-----|-----|----|
| | | | BK | BX | MAN | QNS | SI |
| Adolescent Health Education Initiative | educate teens on health topics most relevant to them | Youth ages 11-18 in foster care, or whose families are in prevention programs | | X | | | |
| Care Management and Coordination | improve care and health outcomes, lower Medicaid costs, and reduce preventable hospitalizations, emergency room visits, and unnecessary care for Medicaid members | Children on Medicaid | X | X | X | X | X |
| Mental Health Services | trauma informed mental health services and treatment tailored to each child's mental health needs; evidence-based Alternatives for Families-Cognitive Behavioral Therapy to address conflict, coercion and aggression; | Young people in NY Foundling foster care or in care with other providers in NYC | X | X | X | X | X |
| Medical Services | pediatric mental, dental, optometry and case management services | Young people in NY Foundling foster care or in care with other providers in NYC | X | X | | X | x |
| Nurturing Family Health Initiative | evidenced-based Generation PMTO and Functional Family Therapy – Behavioral Health (FFT-BH) at home or shelter to increase community engagement and teach parenting skills | Families of children and adolescents facing major behavior needs | X | X | X | X | X |

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| Partnership to Improve Community Health Outcomes | evidence-based Functional Family Therapy – Behavioral Health (FFT-BH) provided at home or in the community to promote proactive symptom management and reduce the need for emergency medical services | Insured children and young adults who struggle with health and behavioral health | X | X | X | X | X |
| School Based Mental Health Services | conduct ongoing review of participating students and work with the school to develop and monitor intervention plans for in-school counseling as well as referral to community-based services | NYC public high school students identified as high behavioral or social risk | | X | X | X | |
| School Response Teams | train educators to respond to student mental health needs, increase access to community resources, provide crisis intervention and prevention activities | NYC public middle schools | X | | | | X |
| Supportive Housing | provides counseling, teaches individual responsibility and connects participants to education and employment | 18-25 year-olds aging out of foster care or at risk of homelessness | X | | | | |

NY Foundling's services focused on Child Welfare

| Program | Delivers/Aim | Targets | Boroughs Where Available | | | | |
|--|---|--|--------------------------|----|-----|-----|----|
| | | | BK | BX | MAN | QNS | SI |
| Child Abuse Prevention Program (CAPP) | utilizes life-sized puppets to educate kids about how to prevent and report child abuse; offers training to school counselors and social workers, and parents | children ages 8-9; educators; parents | X | X | X | X | X |
| Community Partnership Program | network of community residents, local community groups, service providers, and our local government aiming to weave a safety net for families | All community members, but especially children and families | | | | | X |
| Crisis Nursery | provides respite care and a safe environment for children while parents respond to crises; connects families with community resources to address factors associated with their crisis | Children and families in crisis | X | X | X | X | X |
| Families Aligned to Stay Together (FAST) | evidence-based Multisystemic Therapy for Child Abuse and Neglect (MST-CAN) provides intensive therapy to families to help keep families together | Families where foster care placement is imminent | X | | | X | |
| Family Services for Deaf Children and Adults | Caseworkers fluent in ASL meet with families to develop strategies to strengthen the family system and increase access to supports. | Deaf or Hard of Hearing children and adults | X | X | X | X | X |
| Families Stronger Together | utilizes evidence-based Functional Family Therapy – Therapeutic Case Management (FFT-TCM) to help families communicate and stay together | families required to undergo court-ordered supervision | X | X | X | X | X |
| Foster Care | places children with a relative or foster family to keep them safe; utilizes evidence-based interventions proven to support happy, healthy and functioning families | children referred by the Administration of Children's Services | X | X | X | X | X |

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| Healthy Families | helps new and expectant parents meet the challenges of parenting; ensures the healthy development of children, from pregnancy to school | Pre-natal to school aged children and their parents | | | | | X |
| Improving Family Systems | uses the Brief Strategic Family Therapy (BSFT) model, a family-based intervention, to treat child and adolescent behavior problems | Children aged 12-18 struggling with behavior | X | X | X | X | X |
| Mother and Child Program | residential program teaches vital parenting skills and builds independence | pregnant or parenting young women in foster care | | X | | | X |
| Partners for Change | evidence-based Functional Family Therapy – Therapeutic Case Management (FFT-TCM) reduces and eliminates factors that lead to teens being placed in foster care | teens ages 12-18 and their families | X | | | | X |
| Strengthening Our Families | utilizes evidence-based model SafeCare to provide home-based therapy and improve parent-child interaction, health care and home safety skills | families referred by the Administration of Children’s Services | | X | | | |
| Strengthening, Teaching, and Educating People through Support (STEPS) | evidence-based Functional Family Therapy – Therapeutic Case Management (FFT-TCM) encourages growth mindset, and reduces and eliminates factors that lead to children being placed in foster care | at risk youth ages 0-18 and their families | X | X | X | X | X |
| YVLifeSet | evidence-based program supports successful transition to adulthood and independence | young people aging out of the foster care system | X | X | X | X | X |